Florence Crittenton Cafe' Elizabeth Week 4

MONDAY November 20, 2017	TUESDAY November 21, 2017	WEDNESDAY November 22, 2017	THURSDAY November 23, 2017	FRIDAY November 24, 2017	SATURDAY November 25, 2017	SUNDAY November 26, 2017
BREAKFAST						
Glazed Doughnuts String Cheese Assorted Yogurts	Cheese Omelet WW Toast	Biscuit & Gravy Sausage Patty	Assorted Muffins Assorted Yogurts Cheese Sticks	Chorizo & Eggs WW Tortilla	Diced Ham Scrambled Eggs WW Toast	Breakfast Sandwich
Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice
LUNCH						
Hot Dog on WW bun Baked Beans Carrot Sticks	Turkey/Stuffing Mashed Potato/Gravy Green Beans/Cranberry Sauce	Beef Tacos Spanish Brown Rice Refried Beans	Sloppy Joes Baked French Fries Broccoli	Pepperoni/ Cheese Pizza Carrots / Broccoli	Macaroni Cheese Ham Corn / roll	Chefs Choice
Salad Bar	Assorted Pies/ Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup						
1% or Skim milk						
Apple/Orange Juice						
OR						
PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice
DINNER						
Chicken Tenders	Orange Chicken	Turkey/Stuffing		Chicken Alfredo	Cheeseburger WW Bun	Chili Macaroni
Mashed Potato	Rice	Mashed Potato/Gravy	No Dinner	Egg Noodles	Lettuce / Tomato	Corn Bread
Peas	Oriental Vegetable	Green Beans Cran Berry Sauce	Staff order in	Green Beans	French Fries	Carrots
WW Roll	Calad Day	Assorted Pies		WW Roll Salad Bar	Colod Dov	Calad Day
Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup		Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup
OR	OR	OR		OR	OR	OR
PB&J Pack	PB&J Pack	PB&J Pack		PB&J Pack	PB&J Pack	PB&J Pack
Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup		Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup
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100 % Fruit Juice 1% Milk Skim Milk Skim Chocolate Milk PBJ Pack Sandwich Cheese Stick Cheeze Its

WW Whole Wheat WG Whole Grain