

MONDAY November 6, 2017	TUESDAY November 7, 2017	WEDNESDAY November 8, 2017	THURSDAY November 9, 2017	FRIDAY November 10, 2017	SATURDAY November 11, 2017	SUNDAY November 12, 2017
<b>BREAKFAST</b> WW Biscuit Sausage Gravy  Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	<b>BREAKFAST</b> Chorizo & Eggs WW Tortilla  Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	<b>BREAKFAST</b> Waffles Turkey Sausage Sugar Free Syrup Margarine Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	<b>BREAKFAST</b> Assorted Muffins WG Assorted Yogurts Cheese Sticks Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	<b>BREAKFAST</b> Scrambled Eggs Diced Ham WW Toast/ Jelly Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	<b>BREAKFAST</b> Cinnamon Roll Yogurt Cheese Sticks Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	<b>BREAKFAST</b> Cheese Omelet WW Toast  Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice
<b>LUNCH</b> Vegetable Lasagna Italian Vegetables Cheesy Garlic Toast Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	<b>LUNCH</b> Meatball Sub Ranch Potato Wedges Broccoli Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	<b>LUNCH</b> White Chicken Chili Corn Bread Tomato / Cucumber Slices Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	<b>LUNCH</b> Pepperoni / Cheese Pizza Carrots Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	<b>LUNCH</b> Beef & Noodles Broccoli WW Roll Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	<b>LUNCH</b> Hot Dogs French Fries Cole Slaw Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	<b>LUNCH</b> Turkey & Cheese Croissant Lettuce/ Tomato Chips Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice
<b>DINNER</b> Country Fried Steak Mashed potato Corn WW Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	<b>DINNER</b> Sweet And Sour Chicken Brown Rice Oriental Veggies Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	<b>DINNER</b> Salisbury Steak Seasoned Red Potatoes Mixed Vegetables Dinner Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	<b>DINNER</b> Chicken Cordon Bleu Scalloped Potato Green Peas WW Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	<b>DINNER</b> BBQ Chicken Baked Beans Corn Dinner Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	<b>DINNER</b> Chicken Enchiladas Spanish Brown Rice Refried Beans Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	<b>DINNER</b> Pork Roast Baked Potato Glazed Carrots WW Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup

This institution is an equal opportunity provider.

Beef & Noodles  
Broccoli  
WW Roll

100 % Fruit Juice  
1% Milk  
Skim Milk  
Skim Chocolate Milk

PBJ Pack  
PB&J Sandwich  
Cheese Stick  
Cheez Its

WW Whole Wheat  
WG Whole Grain