

MONDAY September 4, 2017	TUESDAY September 5, 2017	WEDNESDAY September 6, 2017	THURSDAY September 7, 2017	FRIDAY September 8, 2017	SATURDAY September 9, 2017	SUNDAY September 10, 2017
<p><b>BREAKFAST</b></p> <p>WG Pancakes Sausage <i>Sugar Free Syrup/ Margarine</i></p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>BREAKFAST</b></p> <p>Bagels Cream Cheese Assorted Yogurt</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>BREAKFAST</b></p> <p>Scrambled Eggs w/ Cheese WW Toast/ Jelly</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>BREAKFAST</b></p> <p>Assorted Muffins Assorted Yogurts Cheese Sticks</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>BREAKFAST</b></p> <p>French Toast Sausage Links <i>Sugar Free Syrup/ Margarine</i></p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>BREAKFAST</b></p> <p>Egg &amp; Cheese on a WW English Muffin</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>BREAKFAST</b></p> <p>Hard Boiled Egg WW Toast/ Jelly Sausage patty</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>
<p><b>LUNCH</b></p> <p>Turkey Corn Dog French Fries Carrot Sticks Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>LUNCH</b></p> <p>Chicken Strips Waffle Fries Broccoli Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>LUNCH</b></p> <p>Spaghetti /Meat Sauce Green Beans WW Garlic Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>LUNCH</b></p> <p>Taco Salad <i>Lettuce Tomato Sour Cream</i></p> <p>Refried Beans Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>LUNCH</b></p> <p>Chicken &amp; Noodles Sweet Peas WW Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>LUNCH</b></p> <p>Cheese/Pepperoni Pizza Baby Carrots</p> <p>Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p><b>LUNCH</b></p> <p>Super Nachos Refried Beans</p> <p>Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>
<p><b>DINNER</b></p> <p>Chicken Pot Pie Green Beans WW Roll</p> <p>Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p><b>DINNER</b></p> <p>Country Fried Steak Mashed Potato/ Gravy Corn</p> <p>WW Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p><b>DINNER</b></p> <p>Baked Chicken AuGratin Potatoes Mixed Vegetables</p> <p>WW Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p><b>DINNER</b></p> <p>Beef Stroganoff Buttered Noodles Green Beans</p> <p>WW Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p><b>DINNER</b></p> <p>Green Chili Tamales Brown Spanish Rice Lettuce Tomato</p> <p>Sour Cream Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p><b>DINNER</b></p> <p>Baked Ham Scalloped Potatoes Mixed Vegetable</p> <p>WW Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p><b>DINNER</b></p> <p>Cheese Lasagna Italian Vegetable Toasted Garlic Bread</p> <p>Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&amp;J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>

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100 % Fruit Juice  
1% Milk  
Skim Milk  
Skim Chocolate Milk

PBJ Pack  
Sandwich  
Cheese Stick  
Cheez Its

WW Whole Wheat  
WG Whole Grain