| MONDAY |
| :---: |
| September 11, 2017 |
| BREAKFAST |
| WW Biscuit |
| Sausage Gravy |
| Fresh Fruit/Fruit Cup |
| 1\% or Skim milk |
| Apple/Orange Juice |
| OR |
| Choice of 2 cereals |
| Fresh Fruit/Fruit Cup |
| 1\% or Skim milk |
| Apple/Orange Juice |


| TUESDAY |
| :---: |
| September 12, 2017 |
| BREAKFAST |
| Chorizo \& Eggs |
| WW Tortilla |
|  |
| Fresh Fruit/Fruit Cup |
| 1\% or Skim milk |
| Apple/Orange Juice |
| OR |
| Choice of 2 cereals |
| Fresh Fruit/Fruit Cup |
| 1\% or Skim milk |
| Apple/Orange Juice |


| WEDNESDAY |
| :---: |
| September 13, 2017 |
| BREAKFAST |
| Waffles |
| Turkey Sausage |
| Sugar Free Syrup Margarine |
| Fresh Fruit/Fruit Cup |
| 1\% or Skim milk |
| Apple/Orange Juice |
| OR |
| Choice of 2 cereals |
| Fresh Fruit/Fruit Cup |
| 1\% or Skim milk |
| Apple/Orange Juice |


| LUNCH |
| :---: |
| White Chicken Chili |
| Corn Bread |
| I uIIatu/ Uucurnver |
| clinne |
| Salad Bar |
| Fresh Fruit/Fruit Cup |
| 1\% or Skim milk |
| Apple/Orange Juice |
| OR |
| PB\&J Pack |
| Salad Bar |
| Fresh Fruit/Fruit Cup |
| 1\% or Skim milk |
| Apple/Orange Juice |


| DINNER |
| :---: |
| Salisbury Steak |
| Seasoned Red Potatoes |
| Mixed Vegetables |
| WW Roll |
| Salad Bar |
| Fresh Fruit/Fruit Cup |
| OR |
| PB\&J Pack |
| Salad Bar |
| Fresh Fruit/Fruit Cup |

This institution is an equal opportunity provider.

THURSDAY

| September 14, 2017 |
| :---: |
| BREAKFAST |
| Assorted Muffins WG |
| Assorted Yogurts |
| Cheese Sticks |
| Fresh Fruit/Fruit Cup |
| $1 \%$ or Skim milk |
| Apple/Orange Juice |
| OR |
| Choice of 2 cereals |
| Fresh fruit/ fruit cup |
| $1 \%$ or Skim milk |
| Apple/Orange Juice |


| LUNCH |
| :---: |
| $\square$ |


| September 15, 2017 |
| :---: |
| BREAKFAST |
| Scrambled Eggs |
| Diced Ham |
| WW Toast/ Jelly |
| Fresh Fruit/Fruit Cup |
| 1\% or Skim milk |
| Apple/Orange Juice |
| OR |
| Choice of 2 cereals |
| Fresh fruit/ fruit cup |
| 1\% or Skim milk |
| Apple/Orange Juice |


| LUNCH |
| :---: |
| Pepperoni / Cheese |
| Pizza |
| Carrots |
| Salad Bar |$\quad$| Hot Dogs |
| :---: |
| French Fries |
| Cole Slaw |
| Salad Bar |

Fresh Fruit/Fruit Cup
1\% or Skim milk
Apple/Orange Juice

## OR

PB\&J Pack
Salad Bar
Fresh Fruit/Fruit Cup
1\% or Skim milk
Apple/Orange Juice

| DINNER |
| :---: |
| Hamburgers |
| Baked Beans |
| Cole Slaw |
| Salad Bar |
| Fresh Fruit/Fruit Cup |
| OR |
| PB\&J Pack |
| Salad Bar |
| Fresh Fruit/Fruit Cup |

## PBJ Pack

PB\&J Sandwich
Cheese Stick
Cheez Its

1\% Milk
Skim Milk
Skim Chocolate Milk

| DINNER |
| :---: |
| Chicken Cordon Bleu |
| Scalloped Potato |
| Green Peas |
| WW Roll |
| Salad Bar |
| Fresh Fruit/Fruit Cup |
| OR |
| PB\&J Pack |
| Salad Bar |
| Fresh Fruit/Fruit Cup |

100 \% Fruit Juice

WG Whole Grain

SATURDAY
September 16, 2017 BREAKFAST
Cinnamon Roll
Yogurt Cheese Sticks
Fresh Fruit/Fruit Cup
1\% or Skim milk Apple/Orange Juice OR
Choice of 2 cereals Fresh fruit/ fruit cup 1\% or Skim milk
Apple/Orange Juice

| LUNCH | LUNCH |
| :---: | :---: |
| Hot Dogs |  |
| French Fries |  |
| Cole Slaw |  |
| Salad Bar |  |
| Fresh Fruit/Fruit Cup |  |$\quad$ Turkey \& Cheese Crossiant | Lettuce/ Tomato |
| :---: |
| Chips |
| Salad Bar |
| Frosh Fruit/Fruit Cup |

Fresh Fruit/Fruit Cup
1\% or Skim milk
Apple/Orange Juice

## OR

PB\&J Pack
Salad Bar
Fresh Fruit/Fruit Cup
1\% or Skim milk
Apple/Orange Juice

| DINNER |
| :---: |
| Chicken Enchiladas |
| Spanish Brown Rice |
| Refried Beans |
| Salad Bar |
| Fresh Fruit/Fruit Cup |
| OR |
| PB\&J Pack |
| Salad Bar |
| Fresh Fruit/Fruit Cup |


| DINNER |
| :---: |
| Pork Roast |
| Baked Potato |
| Glazed Carrots |
| WW Roll |
| Salad Bar |
| Fresh Fruit/Fruit Cup |
| OR |
| PB\&J Pack |
| Salad Bar |
| Fresh Fruit/Fruit Cup |

WW Whole Wheat
SUNDAY
September 17, 2017 BREAKFAST
Cheese Omelet WW Toast

Fresh Fruit/Fruit Cup 1\% or Skim milk Apple/Orange Juice OR
Choice of 2 cereals
Fresh fruit/ fruit cup
1\% or Skim milk
Apple/Orange Juice

1\% or Skim milk
Apple/Orange Juice
OR
PB\&J Pack Salad Bar
Fresh Fruit/Fruit Cup
1\% or Skim milk
Apple/Orange Juice

Spanish Brown Rice Refried Beans

Fresh Fruit/Fruit Cup OR

B\&J Pack
Fresh Fruit/Fruit Cup

