Florence Crittenton Cafe Elizabeth Week 2

GLAAZ M-F RCCI M-Su

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
July 24, 2017	July 25, 2017	July 26, 2017	July 27, 2017	July 28, 2017	July 29, 2017	July 30, 2017
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
WW Biscuits	Scrambled Eggs	French Toast	WW Mini Muffins	Scrambled Eggs with	Pancakes	Hard Boiled Egg
Gravy	WW Toast	Sausage links	Assorted Yogurt	Bell Pepper & Onions	Sausage Links	WW Toast
Turkey Sausage			Cheese Stick	WW Toast		
Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
OR	OR	OR	OR	OR	OR	OR
Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals
Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Turkey Corn Dogs	Cheese Burgers	Turkey Tacos	Chicken Patty WW Bun	Pepperoni / Cheese Pizza	Grilled Ham & Cheese Sand	WW Cheese Quesadillas
Baked Beans	Lettuce tomato	lettuce tomato/ sour cream	Lettuce & Tomato	Pizza	Tomato Soup	Refried Beans
	French Fries	Refried Beans/ Rice	French fries	Carrot/ Celery Sticks	Chips	Brown Spanish Rice
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
OR	OR	OR	OR	OR	OR	OR
P B & J Pack	P B & J Pack	P B & J Pack	P B & J Pack	P B & J Pack	P B & J Pack	PB&J Sandwich
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Stuffed Shells/Sauce	Orange Chicken	Enchilada Pie	Spaghetti	Stuffed Bell Peppers	Baked Chicken	Cheese Lasagna
Green Beans	White Rice	Spanish Rice	Italian Vegetables	White Rice	WG Macaroni & Cheese	Broccoli
Garlic Bread	Oriental Vegetables	Refried Beans	Garlic Bread	Corn	Green Peas	Dinner Roll
				Dinner Roll	Dinner Roll	
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup OR	Fresh Fruit/Fruit Cup OR	Fresh Fruit/Fruit Cup OR	Fresh Fruit/Fruit Cup OR	Fresh Fruit/Fruit Cup OR	Fresh Fruit/Fruit Cup OR	Fresh Fruit/Fruit Cup OR
P B & J Pack Salad Bar	P B & J Pack Salad Bar	P B & J Pack Salad Bar	P B & J Pack Salad Bar	P B & J Pack Salad Bar	P B & J Pack Salad Bar	P B & J Pack Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
This institution is an equal op	pportunity provider.					
		PB&J PACK	100% Fruit Juice	1% Milk	WG Whole Grain	

Sandwich

Cheeze Its

Cheese Stick

WW Whole Wheat

Skim Milk

Skim Chocolate Milk