## FLORENCE CRITTENTON CAFE" ELIZABETH WEEK 3

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
July 31, 2017	August 1, 2017	August 2, 2017	August 3, 2017	August 4, 2017	August 5, 2017	August 6, 2017
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Breakfast Pizza	Scrambled Eggs, Chorizo Cheese in a WW Tortilla	Turkey Sausage Biscuit Gravy	WW Muffins Assorted Yogurt Cheese Stick	WG French Toast Sausage Links Syrup	Scrambled Eggs Ham WW Toast	WW Cinnamon Roll Assorted Yogurt Cheese Stick
Fresh Fruit/Fruit Cup 1% or Skim milk	Fresh Fruit/Fruit Cup 1% or Skim milk	Fresh Fruit/Fruit Cup 1% or Skim milk	Fresh Fruit/Fruit Cup 1% or Skim milk	Fresh Fruit/Fruit Cup 1% or Skim milk	Fresh Fruit/Fruit Cup 1% or Skim milk	Fresh Fruit/Fruit Cup 1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
OR	OR	OR	OR	OR	OR	OR
Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Patty/ ww bun French Fries Lettuce & Tomato Salad Bar Fresh Fruit/Fruit Cup	Nachos Rice Oriental Vegetables Salad Bar Fresh Fruit/Fruit Cup	Turkey Corn Dog Baked Beans Carrots Salad Bar Fresh Fruit/Fruit Cup	Pepperoni/Cheese Pizza Carrot Sticks Salad Bar Fresh Fruit/Fruit Cup	Beef Tacos Lettuce Tomatoe Refried Beans Salad Bar Fresh Fruit/Fruit Cup	Turkey Sandwich Lettuce Tomato Potato Chips Salad Bar Fresh Fruit/Fruit Cup	Nachos Refried Beans Brown Spanish Rice Salad Bar Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
OR	OR	OR	OR	OR	OR	OR
PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef & Macaroni Green Beans Cheesv Bread Salad Bar Fresh Fruit/Fruit Cup	Salisburv Steak Mashed Potatoes/Gravv Corn Dinner roll Salad Bar Fresh Fruit/Fruit Cup	Countrv Fried Steak AuGratin Potatoes Buttered Peas Dinner Roll Salad Bar Fresh Fruit/Fruit Cup	Chicken Pot Pies Mixed vegetables Dinner Roll Salad Bar Fresh Fruit/Fruit Cup	BBQ Chicken Baked Potato / Sour Cream Broccoli Dinner Roll Salad Bar Fresh Fruit/Fruit Cup	Green Chili Tamales Refried Beans Brown Spanish Rice Salad Bar Fresh Fruit/Fruit Cup	Beef Stew Rice Mixed veaetables Dinner Roll Salad Bar Fresh Fruit/Fruit Cup
OR	OR	OR	OR	OR	OR	OR
PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
This in:	stitution is an equal opportunity pro	ovider.				
		PB&J PACK Sandwich	100% Fruit Juice	1% Milk Skim Milk	WG Whole Grain WW Whole Wheat	

Skim Chocolate Milk

Cheese Stick

Cheeze-its