FLORENCE CRITTENTON CAFE" ELIZABETH WEEK 3

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
June 26, 2017	June 27, 2017	June 28, 2017	June 29, 2017	June 30, 2017	July 1, 2017	July 2, 2017
BREAKFAST						
Breakfast Pizza	Scrambled Eggs, Chorizo	Turkey Sausage Biscuit	WW Muffins	WG French Toast	Scrambled Eggs	WW Cinnamon Roll
	Cheese in a WW Tortilla	Gravy	Assorted Yogurt	Sausage Links	Ham	Assorted Yogurt
			Cheese Stick	Syrup	WW Toast	Cheese Stick
Fresh Fruit/Fruit Cup						
1% or Skim milk						
Apple/Orange Juice						
OR						
Choice of 2 cereals						
Fresh fruit/ fruit cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk						
Apple/Orange Juice						
LUNCH						
Chicken Patty/ ww bun	Orange Chicken	Turkey Corn Dog	Beef Tacos with	Pepperoni/Cheese Pizza	Turkey Sandwich	Nachos
French Fries	Rice	Baked Beans	Lettuce Tomato	Carrot Sticks	Lettuce Tomato	Refried Beans
Lettuce & Tomato	Oriental Vegetables	Carrots	Refried Beans		Potato Chips	Brown Spanish Rice
Salad Bar						
Fresh Fruit/Fruit Cup						
1% or Skim milk Apple/Orange Juice	1% or Skim milk	1% or Skim milk Apple/Orange Juice	1% or Skim milk			
Apple/Orange Juice						
OR						
PB&J Pack						
Salad Bar						
Fresh Fruit/Fruit Cup						
1% or Skim milk Apple/Orange Juice						
Apple/Orange Juice						
DINNER						
Beef & Macaroni	Salisburv Steak	Country Fried Steak	Chicken Pot Pies	BBQ Chicken	Green Chili Tamales	Beef Stew
Green Beans	Mashed Potatoes/Gravv	AuGratin Potatoes	Mixed vegetables	Baked Potato / Sour Cream	Refried Beans	Rice
Cheesv Bread	Corn	Buttered Peas	Dinner Roll	Broccoli	Brown Spanish Rice	Mixed vegetables
Salad Bar	Dinner roll Salad Bar	Dinner Roll Salad Bar	Salad Bar	Dinner Roll Salad Bar	Salad Bar	Dinner Roll Salad Bar
Fresh Fruit/Fruit Cup						
OR						
PB&J Pack						
Salad Bar						
Fresh Fruit/Fruit Cup						
This in	stitution is an equal opportunity pro	ovider.				
		PB&J PACK	100% Fruit Juice	1% Milk	WG Whole Grain	
		Sandwich		Skim Milk	WW Whole Wheat	

Skim Chocolate Milk

Cheese Stick

Cheeze-its