

Florence Crittenton Cafe Elizabeth
Week 1

MONDAY June 12, 2017	TUESDAY June 13, 2017	WEDNESDAY June 14, 2017	THURSDAY June 15, 2017	FRIDAY June 16, 2017	SATURDAY June 17, 2017	SUNDAY June 18, 2017
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
WG Pancakes Sausage Sugar Free Syrup	Bagels Cream Cheese Assorted Yogurt	Scrambled Eggs w/ Cheese WW Toast	Assorted Muffins Assorted Yogurts Cheese Sticks	French Toast Sausage Links Sugar Free Syrup	Ham, Egg & Cheese on a WW English Muffin	Hard Boiled Egg WW Toast Sausage patty
Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Beef Hot Dogs/ww Bun Baked Beans Carrots Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Lasagna Mixed Vegetable Roll Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Turkey Tacos Lettuce Tomato Refried Beans Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Chicken Strips French fries Green Beans Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Pizza Carrot sticks Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Grilled Cheese WW Bread Tomato Soup Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	Super Nachos Refried Beans Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Spaghetti/ Meatballs Italian Vegetables Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	Chicken Fricassee Over Rice Carrots Dinner Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	Green Chili Tamales Refried Beans Brown Spanish Rice Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	Chili Con Carne Corn Bread Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	Beef Stroganoff Buttered Noodles Green Beans Dinner Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	Hamburger French Fries Lettuce /Tomato Dinner Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	Country Fried Steak Mashed Potatoes/gravy Mixed Vegetables Dinner Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup

This institution is an equal opportunity provider.

PB&J PACK
Sandwich
Cheese Stick
Cheeze-its

100% Fruit Juice

1% Milk
Skim Milk
Skim Chocolate Milk

WG Whole Grain
WW Whole Wheat