

MONDAY October 9, 2017	TUESDAY October 10, 2017	WEDNESDAY October 11, 2017	THURSDAY October 12, 2017	FRIDAY October 13, 2017	SATURDAY October 14, 2017	SUNDAY October 15, 2017
BREAKFAST WW Biscuit Sausage Gravy Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	BREAKFAST Chorizo & Eggs WW Tortilla Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	BREAKFAST Waffles Turkey Sausage Sugar Free Syrup Margarine Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	BREAKFAST Assorted Muffins WG Assorted Yogurts Cheese Sticks Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	BREAKFAST Scrambled Eggs Diced Ham WW Toast/ Jelly Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	BREAKFAST Cinnamon Roll Yogurt Cheese Sticks Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice	BREAKFAST Cheese Omelet WW Toast Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice
LUNCH Vegetable Lasagna Italian Vegetables Cheesy Garlic Toast Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	LUNCH Meatball Sub Ranch Potato Wedges Broccoli Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	LUNCH White Chicken Chili Corn Bread Tomato / Cucumber Slices Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	LUNCH Beef & Noodles Broccoli WW Roll Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	LUNCH Pepperoni / Cheese Pizza Carrots Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	LUNCH Hot Dogs French Fries Cole Slaw Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice	LUNCH Turkey & Cheese Croissant Lettuce/ Tomato Chips Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice
DINNER Meatloaf Mashed potato Corn WW Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	DINNER Sweet And Sour Chicken Brown Rice Oriental Veggies Spring Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	DINNER Fall BBQ Hamburgers/ Hot Dogs Baked Beans Potato Salad Corn on the cob Soda / Water Ice Cream	DINNER Chicken Cordon Bleu Scalloped Potato Green Peas WW Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	DINNER Hamburgers Baked Beans Cole Slaw Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	DINNER Chicken Enchiladas Spanish Brown Rice Refried Beans Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup	DINNER Pork Roast Baked Potato Glazed Carrots WW Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup

This institution is an equal opportunity provider.

100 % Fruit Juice
1% Milk
Skim Milk
Skim Chocolate Milk

PBJ Pack
PB&J Sandwich
Cheese Stick
Cheez Its

WW Whole Wheat
WG Whole Grain