Florence Crittenton Cafe' Elizabeth Week 4

GLAAZ M-F RCCI M-SU

MONDAY January 15, 2018	TUESDAY January 16, 2018	WEDNESDAY January 17, 2018	THURSDAY January 18, 2018	FRIDAY January 19, 2018	SATURDAY January 20, 2018	SUNDAY January 21, 201
January 15, 2010	January 10, 2010	January 17, 2010	January 10, 2010	January 15, 2010	January 20, 2010	January 21, 201
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Glazed Doughnuts	Cheese Omelet	Biscuit & Gravy	Assorted Muffins	Chorizo & Eggs	Diced Ham	Breakfast Sandwich
String Cheese	WW Toast	Sausage Patty	Assorted Yogurts	WW Tortilla	Scrambled Eggs	
Assorted Yogurts			Cheese Sticks		WW Toast	
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
OR	OR	OR	OR	OR	OR	OR
Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals
Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Corn Dogs	Turkey Ham Tuna Sub	Beef Tacos	Hot Dogs	Pepperoni/ Cheese	Macaroni Cheese	Chefs Choice
Baked Beans	Lettuce Tomato Cheese	Spanish Brown Rice	Carrots	Pizza	Ham	
Carrot Sticks	Chips	Refried Beans	Baked Beans	Carrots / Broccoli	Corn / roll	
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
OR	OR	OR	OR	OR	OR	OR
PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Tenders	Chilli	Salsibury Steak	Cheese Burgers	Chicken Alfredo	Country Fried Steak	Chili Macaroni
Mashed Potato	Corn Bread	Baked Potato	Lettuce / Tomato	Egg Noodles	Mashed potato	Corn Bread
Peas		Corn	French Fries	Green Beans	Corn	Carrots
WW Roll		WW Roll		WW Roll	WW Roll	
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
OR	OR	OR	OR	OR	OR	OR
PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup

This institution is an equal opportunity provider.

100 % Fruit Juice 1% Milk Skim Milk Skim Chocolate Milk PBJ Pack Sandwich Cheese Stick Cheeze Its

WW Whole Wheat WG Whole Grain