

| MONDAY January 1, 2018 | TUESDAY January 2, 2018 | WEDNESDAY January 3, 2018 | THURSDAY January 4, 2018 | FRIDAY January 5, 2018 | SATURDAY January 6, 2018 | SUNDAY January 7, 2018 |
|---|--|---|---|--|--|--|
| BREAKFAST WW Biscuit Sausage Gravy Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice | BREAKFAST Chorizo & Eggs WW Tortilla Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice | BREAKFAST Waffles Turkey Sausage Sugar Free Syrup Margarine Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice | BREAKFAST Assorted Muffins WG Assorted Yogurts Cheese Sticks Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice | BREAKFAST Scrambled Eggs Diced Ham WW Toast/ Jelly Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice | BREAKFAST Cinnamon Roll Yogurt Cheese Sticks Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice | BREAKFAST Cheese Omelet WW Toast Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice |
| LUNCH Pepperoni / Cheese Pizza Carrots Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice | LUNCH Meatball Sub Ranch Potato Wedges Broccoli Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice | LUNCH White Chicken Chili Corn Bread Tomato / Cucumber Slices Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice | LUNCH Vegetable Lasagna Italian Vegetables Cheesy Garlic Toast Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice | LUNCH Beef & Noodles Broccoli WW Roll Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice | LUNCH Hot Dogs French Fries Cole Slaw Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice | LUNCH Turkey & Cheese Croissant Lettuce/ Tomato Chips Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice |
| DINNER Country Fried Steak Mashed potato Corn WW Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup | DINNER Sweet And Sour Chicken Brown Rice Oriental Veggies Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup | DINNER Salisbury Steak Seasoned Red Potatoes Mixed Vegetables Dinner Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup | DINNER Chicken Cordon Bleu Scalloped Potato Green Peas WW Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup | DINNER BBQ Chicken Baked Beans Corn Dinner Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup | DINNER Chicken Enchiladas Spanish Brown Rice Refried Beans Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup | DINNER Pork Roast Baked Potato Glazed Carrots WW Roll Salad Bar Fresh Fruit/Fruit Cup OR PB&J Pack Salad Bar Fresh Fruit/Fruit Cup |

This institution is an equal opportunity provider.

100 % Fruit Juice
 1% Milk
 Skim Milk
 Skim Chocolate Milk

PBJ Pack
 PB&J Sandwich
 Cheese Stick
 Cheez Its

WW Whole Wheat
 WG Whole Grain