Florence Crittenton Cafe' Elizabeth WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY February 25, 2018
February 19, 2018	February 20, 2018	February 21, 2018	February 22, 2018	February 23, 2018	February 24, 2018	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pancakes	Bagels	Scrambled Eggs	Assorted Muffins	French Toast	Egg & Cheese on	Hard Boiled Egg
Sausage	Cream Cheese	w/ Cheese	Assorted Yogurts	Sausage Links	a WW English Muffin	WW Toast/ Jelly
Margarine/ Syrup	Assorted Yogurt	WW Toast/ Jelly	Cheese Sticks	Sugar Free Syrup/ Margarine		Sausage patty
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
OR	OR	OR	OR	OR	OR	OR
Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals
Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Strips	Turkey Corn Dogs	Spaghetti /Meat Sauce	Taco Salad	Chicken & Noodles	Cheese/Pepperoni Pizza	Super Nachos
Potato Wedges	French Fries	Green Beans	Lettuce Tomato Sour Cream	Sweet Peas	Baby Carrots	Refried Beans
Broccoli	Carrots Sticks	WW Garlic Roll	Refried Beans	WW Roll		
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
OR	OR	OR	OR	OR	OR	OR
PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Pot Pie	Country Fried Steak	Baked Chicken	Beef Stroganoff	Green Chili Tamales	Baked Ham	Cheese Lasagna
Carrots	Mashed Potato/ Gravy	AuGratin Potatoes	Buttered Noodles	Brown Spanish Rice	Scalloped Potato	Italian Vegetable
WW Roll	Carrots	Mixed Vegetables	Sweet peas	Lettuce Tomato	Mixed Vegetables	Toasted Garlic Bread
	WW Roll	WW Roll	WW Roll	Sour Cream	WW Roll	
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
OR	OR	OR	OR	OR	OR	OR
PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
This institution is an equa	al opportunity provider.		100 % Fruit Juice	PBJ Pack	WW Whole Wheat	
			1% Milk	Sandwich	WG Whole Grain	

Skim Milk

Skim Chocolate Milk

Cheese Stick

Cheez Its