Florence Crittenton Cafe' Elizabeth Week 4

MONDAY December 18, 2017	TUESDAY December 19, 2017	WEDNESDAY December 20, 2017	THURSDAY December 21, 2017	FRIDAY December 22, 2017	SATURDAY December 23, 2017	SUNDAY December 24, 2017
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Glazed Doughnuts	Cheese Omelet	Biscuit & Gravy	Assorted Muffins	Chorizo & Eggs	Diced Ham	Breakfast Sandwich
String Cheese	WW Toast	Sausage Patty	Assorted Yogurts	WW Tortilla	Scrambled Eggs	Dieaklast Salluwich
Assorted Yogurts	WW Todast	oudsage ratty	Cheese Sticks		WW Toast	
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk			
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
OR	OR	OR	OR	OR	OR	OR
Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals	Choice of 2 cereals			
Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup	Fresh fruit/ fruit cup			
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk			
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Corn Dogs Baked Beans	BBQ Pork Sandwich WW/ Buns Fries	Beef Tacos Spanish Brown Rice	Spaghetti/ meat sauce Italian Vegetables	Pepperoni/ Cheese Pizza	Macaroni Cheese Ham	Chefs Choice
Carrot Sticks	Brocolli	Refried Beans	Garlic Bread	Carrots / Broccoli	Corn / roll	
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk			
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
OR	OR	OR	OR	OR	OR	OR
PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup
1% or Skim milk	1% or Skim milk	1% or Skim milk	1% or Skim milk			
Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice	Apple/Orange Juice
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Tenders	Chilli	Salsibury Steak	Cheeseburger WW Bun	Chicken Alfredo	Country Fried Steak	Chili Macaroni
Mashed Potato	Corn Bread	Baked Potato	Lettuce / Tomato	Egg Noodles	Mashed potato	Corn Bread
Peas		Corn	French Fries	Green Beans	Corn	Carrots
WW Roll		WW Roll	2.1.5	WW Roll	WW Roll	0.1.10
Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup	Salad Bar Fresh Fruit/Fruit Cup			
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OR	OR	OR	OR	OR	OR	OR
PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack	PB&J Pack
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup	Fresh Fruit/Fruit Cup

This institution is an equal opportunity provider.

100 % Fruit Juice 1% Milk Skim Milk Skim Chocolate Milk PBJ Pack Sandwich Cheese Stick Cheeze Its WW Whole Wheat WG Whole Grain