

MONDAY August 21, 2017	TUESDAY August 22, 2017	WEDNESDAY August 23, 2017	THURSDAY August 24, 2017	FRIDAY August 25, 2017	SATURDAY August 26, 2017	SUNDAY August 27, 2017
<p>BREAKFAST</p> <p>Bagels Cream Cheese Assorted Yogurt Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>French Toast Sticks Sausage Links <i>Sugar free Syrup/ Margarine</i> Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Breakfast Burrito Hash Browns Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Assorted Muffins WG Assorted Yogurts Cheese Sticks Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Waffles Turkey Sausage <i>Sugar free Syrup/ Margarine</i> Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Scrambled Eggs w /Cheese WW Toast Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Sausage Muffin Egg Cheese Hash Brown Sticks Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>
<p>LUNCH</p> <p>Pork Rib on a bun Lettuce Tomato Sweet Potato Puffs</p> <p>Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Chili Tortilla Chips Red Bell Pepper Strips Mini Cinnamon Roll Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Chicken Nuggets Mashed Potato / Gravy Broccoli WW Roll / Jelly Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Chicken Fajita Pita Bread Lettuce & Tomato Spanish Brown Rice Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Cheeseburgers WW Bun Lettuce Tomato/ Baked French Fries Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Grilled Cheese Tomato Soup Potato Chips</p> <p>Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Chicken Quesadilla Refried Beans Lettuce Tomato</p> <p>Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>
<p>DINNER</p> <p>Mac & Beef Green Beans WW Roll</p> <p>Salad Bar Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>BBQ Chicken AuGratin Potatoes Peas WW Roll Salad Bar Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>Beef Stew Over Rice Carrots Biscuit</p> <p>Salad Bar Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>Cheese Lasagna Cheesy Bread Italian Vegetables</p> <p>Salad Bar Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>Chicken Fricassee Egg Noodles Carrots WW Roll Salad Bar Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>Spaghetti/ Meatballs Green Beans Toasted Garlic Bread</p> <p>Salad Bar Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>Stuffed Bell Peppers Savory Rice Seasoned Corn WW Roll Salad Bar Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar Fresh Fruit/Fruit Cup</p>

This institution is an equal opportunity provider.

PBJ Pack
 Sandwich
 Cheese Stick
 Cheeze Its

100 % Fruit Juice

1% milk
 Skim Milk
 Skim Chocolate Milk

WW Whole Wheat

WG Whole Grain