

Week 2

MONDAY August 14, 2017	TUESDAY August 15, 2017	WEDNESDAY August 16, 2017	THURSDAY August 17, 2017	FRIDAY August 18, 2017	SATURDAY August 19, 2017	SUNDAY August 20, 2017
<p>BREAKFAST</p> <p>WW Biscuit Sausage Gravy</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Chorizo & Eggs WW Tortilla</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Waffles Turkey Sausage <i>Sugar Free Syrup / Margarine</i></p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Assorted Muffins WG Assorted Yogurts Cheese Sticks</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Scrambled Eggs Diced Ham WW Toast/ Jelly</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Cinnamon Roll Yogurt Cheese Sticks</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>	<p>BREAKFAST</p> <p>Cheese Omelet WW Toast</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>Choice of 2 cereals Fresh fruit/ fruit cup 1% or Skim milk Apple/Orange Juice</p>
<p>LUNCH</p> <p>Meatball Sub</p> <p>Ranch Potato Wedges Broccoli Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Vegetable Lasagna</p> <p>Italian Vegetables Cheesy Garlic Toast Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>White Chicken Chili</p> <p>Corn Bread <i>Tomato / Cucumber Slices</i></p> <p>Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Beef & Noodles</p> <p>Sweet Peas WW Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Pepperoni / Cheese</p> <p>Pizza Broccoli / Carrots Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Hot Dogs</p> <p>French Fries Cole Slaw Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>	<p>LUNCH</p> <p>Turkey & Cheese Sandwich</p> <p>WW Bun Lettuce/ Tomato Chips Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup 1% or Skim milk Apple/Orange Juice</p>
<p>DINNER</p> <p>Sweet And Sour Chicken Brown Rice Oriental Veggies</p> <p>Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>BBQ Chicken Baked Beans Cole Slaw / WW Roll</p> <p>Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>Meatloaf Mashed Potatoes Corn WW Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>Chicken Cordon Bleu Scalloped Potato Green Peas WW Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>Salisbury Steak Seasoned Red Potatoes Mixed Vegetables WW Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>Chicken Enchiladas Spanish Brown Rice Refried Beans</p> <p>Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>	<p>DINNER</p> <p>Pork Roast Baked Potato Glazed Carrots WW Roll Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p> <p>OR</p> <p>PB&J Pack Salad Bar</p> <p>Fresh Fruit/Fruit Cup</p>

This institution is an equal opportunity provider.

100 % Fruit Juice

PBJ Pack
Sandwich
Cheese Stick
Cheeze Its

1% milk
Skim Milk
Skim Chocolate Milk

WW Whole Wheat
WG Whole Grain